

# LWW Health Library: Exercise Science and ACSM Certification Suite

## Why LWW Health Library?

LWW Health Library delivers trusted health science education and clinical content directly to students, faculty, and staff through a single portal—providing interactive online access to essential texts, images, real-life case studies, and quiz banks specifically tailored for the specialty. These resources are a must-have for related educational programs—ensuring you have the resources you need to effectively support your students' foundational learning and clinical practice.

## Essential Educational and Clinical Content for Exercise Science Training



### Key Features of LWW Health Library

A single portal to foundational and basic sciences resources, as well as rich multimedia ancillaries for teaching, learning, and practice

- Ovid® Insights Widget associated with each chapter of every text that automatically curates relevant journal content
- Personal accounts offered to institutional users that allow for out of IP range access for up to 30 days and the ability to print/download/save chapters
- New editions continuously added in tandem with print publication
- Online self-assessment to further enhance student's exam preparation
- Ability to search or browse content across both collections
- All content optimized for desktop, tablet, and mobile usage

## Two collections available!

Both collections feature key titles—including many from the American College of Sports Medicine®—in an easy-to-search and browse experience.

### LWW Health Library Exercise Science Collection:

- LWW's leading Exercise Science content, including ACSM titles, offered in one digital product with sophisticated semantic search and user-friendly navigation
- Over 3,600 images, downloadable as PowerPoint slides
- Over 2,400 multiple-choice questions with explanations and chapter-level remediation
- 100 videos demonstrating important techniques
- Instructor PowerPoints, lab manuals, and worksheets to supplement comprehension

### LWW Health Library ACSM Certification Suite:

- Focused collection, intended to support students who will sit for an ACSM certification exam
- Over 1,200 images, downloadable as PowerPoint slides
- Over 1,600 multiple-choice questions with explanations and chapter-level remediation
- 180 videos demonstrating important techniques
- Case studies and forms to familiarize students with working with clients in their professional careers

# LWW Health Library: Exercise Science and ACSM Certification Suite

## Exercise Science

Accessible through LWWHealthLibrary.com, this collection of 18 must-have references focuses on areas of theoretical knowledge—such as exercise physiology, biomechanics, sports psychology, and motor control—that all students enrolled in the Exercise Science undergraduate programs must master.

- **Exercise Physiology: Integrating Theory and Application, 2nd Edition**  
William J. Kraemer, Steven J. Fleck, and Michael R. Deschenes
- **Biomechanical Basis of Human Movement, 4th Edition**  
Joseph Hamill, Kathleen M. Knutzen, and Timothy R. Derrick
- **Motor Behavior: Connecting Mind and Body for Optimal Performance, 2nd Edition**  
Jeffrey C. Ives
- **Exercise Physiology: For Health, Fitness, and Performance, 5th Edition**  
Sharon A. Plowman and Denise L. Smith
- **Therapeutic Exercise: Moving Toward Function, 4th Edition**  
Lori Thein Brody and Carrie M. Hall
- **Research Methods: A Framework for Evidence-Based Clinical Practice**  
Wendy L. Hurley, Craig R. Denegar, and Jay Hertel
- **Taping and Wrapping Made Simple**  
Brad A. Abell
- **Stretching for Functional Flexibility**  
Phil Armiger and Michael A. Martyn
- **Lifelong Motor Development, 7th Edition**  
Carl P. Gabbard
- **ACSM's Research Methods**  
Lawrence E. Armstrong and William J. Kraemer
- **ACSM's Introduction To Exercise Science, 3rd Edition**  
Jeffrey A. Potteiger
- **ACSM's Advanced Exercise Physiology, 2nd Edition**  
Peter A. Farrell, Michael J. Joyner, and Vincent J. Caiozzo
- **ACSM's Foundations of Strength Training and Conditioning**  
Nicholas Ratamess, Jr
- **ACSM's Behavioral Aspects of Physical Activity and Exercise**  
Claudio R. Nigg
- **ACSM's Career and Business Guide for the Fitness Professional**  
Neal I. Pire
- **ACSM's Exercise for Older Adults**  
Wojtek J. Chodzko-Zajko
- **ACSM's Exercise Testing and Prescription**  
Madeline Paternostro Bayles and Ann M. Swank
- **ACSM's Health-Related Physical Fitness Assessment Manual, 5th Edition**  
Gary Liguori

## ACSM Certification Suite

This comprehensive selection of seven authoritative books offers targeted content chosen specifically to support the comprehension and preparation for taking the ACSM Certification examination.

- **ACSM's Health-Related Physical Fitness Assessment Manual, 5th Edition**  
Gary Liguori
- **ACSM's Resources for the Personal Trainer, 5th Edition**  
Rebecca A. Battista, Mindy Mayol, Trent Hargens, and Kenneth Lee Everett
- **ACSM's Resources for the Exercise Physiologist: A Practical Guide for the Health Fitness Professional, 2nd Edition**  
Peter Magyari, Randi Lite, Marcus W. Kilpatrick, and James E. Schoffstall
- **ACSM's Certification Review, 5th Edition**  
James R. Churilla, Andrew Bosak, Brittany Montes, and Paul Sorace
- **ACSM's Sports Medicine: A Comprehensive Review**  
Francis G. O'Connor, Douglas J. Casa, Brian A. Davis, Patrick St. Pierre, Robert E. Sallis, and Robert P. Wilder
- **ACSM's Resources for the Group Exercise Instructor**  
Grace DeSimone
- **ACSM's Exercise Testing and Prescription**  
Madeline Paternostro Bayles and Ann M. Swank

**Purchase the collections individually or in a cost-effective package!**

**REQUEST YOUR FREE TRIAL TODAY!**

Contact your Ovid Representative to learn more or email  
[sales@ovid.com](mailto:sales@ovid.com).